

SCHOOL

STUDENT NAME (please print)

GRADE & SPORT

ATHLETIC CONTRACT & SPORTSMANSHIP CODEPlease sign and return to your coach BEFORE practice begins

Dear Parent or Guardian:

In order to participate on an athletic team it is necessary for the player and the parent to read this form, sign it, and return it to the coach.

Your son/daughter is now a member of an athletic team. As a member of an athletic team, he/she enjoys certain privileges and experiences that are not usually available to other students of the school. Among these are specialized instructions and training, travel, interscholastic competition and many other benefits afforded to high school athletes. As an athlete, he/she has a position of honor and respect both in the school and the community. To uphold this position, he/she must maintain the standards of an athlete set forth by this contract and school.

Violations of this athletic contract will result in parents/guardians being notified and disciplinary action by the school; if desired, the parent can request a conference. The athlete will be held accountable for all school and district rules and policies pertaining to student conduct.

SPORTSMANSHIP CODE:

1. Athletes are expected to show the highest standard of sportsmanship during competition. Improper athlete behavior includes:
 - a. Disrespectfully addressing an official
 - b. Disrespectfully addressing an opponent
 - c. Indicating objection to an official's decision by words, gestures or charging onto the playing field/court
 - d. Doing anything that might incite undesirable crowd reactions
2. Athletes are to share in the responsibility for the conduct of their teammates and supporters.
3. An athlete must accept the decision of an official. Any question regarding a call is to be directed to the official by the coach or team captain.

SPECTATORS:

1. Spectators are required to maintain a high degree of sportsmanship during athletic contests.
2. Spectators must remain in the designated seating areas while a contest is in progress.
3. No spectator is allowed to confront an official, coach or player before, during or after an athletic contest.

EJECTION POLICY: *

The following rules and minimum penalties are applicable to player (and coaches) as adopted by the NCS Board of Managers. This policy is in effect for all (league, non-league, invitational tournaments/events, post-season league, and section or state playoffs, etc.)

1. Ejection of a player and/or coach from a contest for unsportsmanlike or dangerous conduct.
PENALTY: The player and/or coach shall be ineligible for the next contest (non-league, league, invitational tournaments/events, post-season league, and section or state playoffs) and **may not** be at the site or in the vicinity of the next game.
2. Illegal participation in the next contest by a player or coach ejected in a previous contest.
PENALTY: The contest shall be forfeited and the ineligible player and/or coach shall be ineligible for the next contest.
3. Second ejection of a player for sportsmanlike or dangerous conduct from a contest during one season.
PENALTY: The player and/or coach shall be ineligible for the remainder of the season.
4. When one or more players and/or coach leave the bench or dugout, etc. to begin or participate in an altercation.
PENALTY: The player(s) and/or coach shall be ejected from the contest and become ineligible for the next contest (non-league, league, invitational tournaments/events, post-season league, and section or state playoffs).
5. Schools may apply other appropriate disciplinary consequences as deemed necessary.
6. Player(s) ejected are barred from dressing down in the next game and are not to be on the bench in civilian clothes.
7. Appeal process follows NCS procedure.

* In the case of an under class student-athletic, last season contest, this policy applies to the next season. In the case of a senior student-athlete, it would apply to the next season of sport if applicable.

SCHOOL_____
STUDENT NAME (please print)_____
GRADE & SPORT**TRANSPORTATION:**

I understand and acknowledge that I will be responsible for my child's transportation as outlined in Board Policy 3541.1, Athletic Transportation.

BEHAVIOR:

Theft, vandalism, assault, intimidation, fighting, persistent and serious classroom disruption may result in suspension from school. The student will be removed from the team during the time of the suspension. Suspension could mean dismissal from an athletic team for the remainder of the season. A suspended student may not practice or participate in any athletic event during this period. (Unacceptable displays of conduct as a spectator at a school event may result in suspension from school.)

SCHOOL/TEAM ATTENDANCE:

Students are required to regularly attend school. Students are required to attend classes (a minimum of four periods) the day of a game. If the game is on a Saturday, attendance is required on the preceding Friday. Any questions regarding attendance must be addressed to the school administration prior to absence. Punctual, regular attendance at practices and contests is required, unless prior permission from the coach.

ACADEMIC ELIGIBILITY:

All students participating in athletics shall demonstrate satisfactory minimum progress in meeting the requirements for graduation by undertaking the prescribed course of study and meeting the standards of proficiency established by the District. (Policy 6145)

In order to be eligible for participation in athletics, a student shall have earned a minimum 2.0 or "C" grade point average during the previous grading period with no more than one "F" grade. One quarter probation (below 2.0 G.P.A.) during a student's four-year high school athletic career may be granted at the discretion of the school administration. Eighth grade final semester grades are used to determine freshman eligibility. Probation is not granted to freshmen. If an "F" grade would prevent the student from maintaining minimum progress toward meeting graduation requirements prescribed by the Board, the student shall not be deemed to meet the eligibility requirements.

ELIGIBILITY:

A student who is 19 years of age before September 1 is ineligible for an athletic team.

POSSESSION AND USE OF ALCOHOL, TOBACCO AND OTHER DRUGS:

When any student uses, possesses or sells alcohol or illegal drugs at school or while under school jurisdiction, the student will be disciplined in accordance with Board Policy 5144.1 and State and Federal Law. Students shall be excluded from all extracurricular activities and participation in school events outside of the school day that are not computed as part of a student's grade in a course in all of the above cases for a period of forty (40) school days. School days shall be defined as days that occur during the regular school year (180 days). Summer school days or days when school is not in session do not count for this purpose.

SCHOOL EQUIPMENT/UNIFORMS:

School equipment and uniforms will be checked out to the athlete and then become the athlete's responsibility for the season. All equipment and uniforms should be kept in good condition; any loss or damage will be the player's responsibility. All charges for stolen, missing or damaged equipment must be paid before the athlete can participate in any other sport or before receiving a graduation diploma.

MEDICAL EXAMINATION:

The athlete is required annually to have a signed medical clearance form for the athletic participation based on a physical examination dated **AFTER** July 1st. All physical limitations must be reported to the coaches. All previous injuries (sprained ankles, broken bones, etc.) should be reported to the coach.

INSURANCE/MEDICAL INFORMATION:

All athletes are required to have medical insurance in case of any injury. All information on the medical form (provided) must be filled out and the form signed; otherwise, the student will be ineligible to participate.

CONTRACT VIOLATION:

The coach has the authority to rule on violations of this athletic contract and specific team rules.

Eligibility Scales for 2008-2009

Child Nutrition Programs' 2008-2009 eligibility scale.

Income Eligibility Guidelines for Free and Reduced-Price Meals or Free Milk in Child Nutrition Programs

Effective July 1, 2008 through June 30, 2009, participants from households with incomes at or below the following levels may be eligible for free or reduced-price meals or free milk.

Note: The new income calculations are based on annual figures and the following formulas: Monthly = annual income divided by 12; Twice Per Month = annual income divided by 24; Every Two Weeks = annual income divided by 26; and Weekly = annual income divided by 52. All dollar amounts are rounded up to the next whole dollar.

Free Eligibility Scale Meals, Snacks, and Milk

Household Size	Annual	Monthly	Twice Per Month	Every Two Weeks	Weekly
1	\$13,520	\$1,127	\$564	\$520	\$260
2	\$18,200	\$1,517	\$759	\$700	\$350
3	\$22,880	\$1,907	\$954	\$880	\$440
4	\$27,560	\$2,297	\$1,149	\$1,060	\$530
5	\$32,240	\$2,687	\$1,344	\$1,240	\$620
6	\$36,920	\$3,077	\$1,539	\$1,420	\$710
7	\$41,600	\$3,467	\$1,734	\$1,600	\$800
8	\$46,280	\$3,857	\$1,929	\$1,780	\$890
For each additional family member, add:	+ \$4,680	+ \$390	+ \$195	+ \$180	+ \$90

Reduced-Price Eligibility Scale Meals and Snacks

Household Size	Annual	Monthly	Twice Per Month	Every Two Weeks	Weekly
1	\$19,240	\$1,604	\$802	\$740	\$370
2	\$25,900	\$2,159	\$1,080	\$997	\$499
3	\$32,560	\$2,714	\$1,357	\$1,253	\$627
4	\$39,220	\$3,269	\$1,635	\$1,509	\$755
5	\$45,880	\$3,824	\$1,912	\$1,765	\$883
6	\$52,540	\$4,379	\$2,190	\$2,021	\$1,011
7	\$59,200	\$4,934	\$2,467	\$2,277	\$1,139
8	\$65,860	\$5,489	\$2,745	\$2,534	\$1,267
For each additional family member, add:	+ \$6,660	+ \$555	+ \$278	+ \$257	+ \$129

A household of one means a child who is his or her sole support. Foster children are one-member households only if the welfare or the placement agency maintains legal responsibility for the child. Household is synonymous with family and means a group of related or unrelated individuals who are not residents of an institution of boarding house, but who are living as one economic unit sharing housing and all significant income and expenses. This scale does not apply to households that receive Food Stamps, Kin-Gap, Or FDPIR benefits or children who are recipients of CALWORKS. Those children are automatically eligible for free meal benefits.

In the Adult Care Component of the Child and Adult Care Food Program, a household includes the adult participant and, if residing with the participant, the spouse, and any persons who are economically dependent on the adult participant. This scale does not apply to members of Food Stamp households, or recipients of Supplemental Security Income, Medicaid/Medi-Cal, or Food Distribution Program On Indian Reservations benefits. Those participants are automatically eligible for free meals.